



ARIZONA-SONORA
DESERT
MUSEUM

ARIZONA-SONORA DESERT MUSEUM PLANT CARE INFORMATION

Mormon Tea *Ephedra nevadensis*

DESCRIPTION: This spiky-looking shrub has jointed, 3' tall "leafless" stems with a strong vertical form. Growth is slow, as it forms an upright, much branched broom-like shrub. The plants are dioecious (male and female flowers are on separate plants). They bloom in spring and female plants produce tiny cones with edible seeds. Mormon Tea occurs in southern Nevada and Utah, eastern California and western Arizona and into Mexico at elevations of 2,000' to 6,000'.

RECOMMENDED USE: Good in an enhanced desert landscape or xeriscape

(over)



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CULTURE:



Hardiness: 0°F.



Sun tolerance: Needs full sun.



Watering and feeding: Drought tolerant and sensitive to overwatering, so adjust watering to soil texture.



Soil requirements: Requires good draining soil.



Pruning: Best if left alone, but can take some light pruning

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