Mission San Antonio Mint

*Mentha* species

**DESCRIPTION:** Mentha is the genus for mints. There are many cultivated varieties of mint today. All are perennial, and most spread by rhizomes and runners. The mint we are offering was grown from starts taken from Mission San Antonio de Padua, near Fort Hunter-Ligget in California. This mission was established in the late 18th century, and was “landscaped” with edible plants. We don’t know how old this clone is, or if it dates from the early days of this mission, but it is an old variety rarely cultivated any more.

**RECOMMENDED USE:** Use in a garden. Great for patio containers.

**CULTURE:**

- **Hardiness:** Around 15-20°F
- **Sun tolerance:** Morning sun to all-day moderate shade.
- **Watering and feeding:** High water use, but once established, it can come back from underground rhizomes if allowed to dry out. Best to fertilize every month or two when it is growing.
- **Soil requirements:** Best to plant in rich, loamy soil. In containers use any potting soil.
- **Pruning:** Can be mowed to ground once established to clean up appearance and promote fresh growth.